



Kumaraguru College of Technology, Coimbatore-641049

Anti-Ragging Week 2025 - Essay Writing Competition

In accordance with the directions of the UGC, Kumaraguru College of Technology observed Anti-Ragging Week from 12th August 2025 to 18th August 2025 in the campus. In this regard, Essay Writing Competition was conducted for students to create an awareness on the impacts of Ragging activities. Students were actively participated in the event and submitted their Essays.

NAME: SRINTIHI K

ROLL NO.: 23BEE111

DEPARTMENT: Electrical and Electronics Engineering

Theme: From Fear to Friendship: Building Healthy Senior-Junior Relationships

Title: Ragging Shatters, Friendship Matters

Ragging Shatters, Friendship Matters

College is a place where young minds step into a new phase of life, filled with curiosity, dreams, and the hope of building a brighter future. Every student who enters the gates of a college carries with them aspirations, fears, and expectations. At this delicate stage, the way they are welcomed and guided can either build their confidence or break their spirit.

Unfortunately, ragging has been one of the dark shadows that still looms in some institutions. It may often be disguised as "fun" or a so-called "tradition," but in reality, ragging only creates fear, humiliation, and long-lasting psychological scars. Ragging does not build courage—it destroys trust. It does not strengthen relationships—it weakens the very foundation of respect.

FROM FEAR TO FRIENDSHIP: BUILDING HEALTHY
SENIOR - JUNIOR RELATIONSHIPS

Name : S.Yazhini
Roll NO : 23BEE132

A NEW BEGINNING

A new academic year begins. For a freshman, the college campus is a world of immense possibility and equally immense fear. The excitement of newfound freedom is often shadowed by the dreaded stories of the "senior". This fear, born from the poisonous practice of ragging, creates an invisible wall before a single word is even exchanged.

But what if this story could be rewritten? what if the first meeting was not a test of endurance but the first handshake of a lasting friendship? The journey



ANTI RAGGING WEEK 2025

Psychological and Social Effects of Ragging on Students

SYNOPSIS

- Introduction
- Hope turned Humiliation
- The Invisible bruise
- The misery of Isolation
- Psychology of silence
- The hidden effects of Ragging
- Conclusion

Creating a Ragging-Free Campus – The Role of Students and Faculty

Introduction

Education is often described as the light that removes the darkness of ignorance. Campuses are temples of learning where students gather not only to acquire knowledge but also to shape their personalities, values, and character. However, in many institutions, this sacred purpose has been threatened by the menace of ragging. What was once considered a way of “breaking the ice” between seniors and juniors has often turned into an act of humiliation, harassment, and abuse. Ragging not only damages the academic environment but also destroys trust, confidence, and the very spirit of education. To address this issue, both students and faculty members have crucial roles to play. A ragging-free campus cannot be achieved by rules alone—it requires a culture of mutual respect, compassion, and responsibility. This essay explores how students and faculty, as two pillars of the educational community, can work hand-in-hand to eradicate ragging and create a safe, friendly, and enriching campus environment.

Why Ragging Persists

Despite strong laws such as the UGC Anti-Ragging Regulations (2009) and strict instructions from the Supreme Court of India, ragging continues in some places. Many students wrongly believe that ragging is a tradition or a way of building bonds, while others continue the practice because of peer pressure, thinking that what they once endured must be repeated for others. Silence also fuels this practice, as victims fear retaliation if they report incidents. In some institutions, the lack of close monitoring allows ragging to go unnoticed, creating a space where it thrives. Understanding why ragging persists is important, because only then can effective and lasting solutions be developed.
